



FORMATION SKILLS FOR TODAY'S FORMATORS

Dear Father / Sister / Brother,

Re: Formation Skills for Today's Formators (14 days)

Dates: 19th April 2020 (afternoon) – 3rd May 2020 (after Mass at 9.00 am)

Venue: Marist International Centre (MIC)

Langata Road

KAREN – NAIROBI.

The world in which we are living is of the 21st century whereby all of us are “*blessed and broken.*” This makes the work of formation to be not easy! Though I don't assume that in the past, it was smooth! Each time, each challenges and opportunities!

Formators on one hand, and probably most of them, may be coming from the Baby Boomers (Born 1946-1964) and from the Generation X group (Born 1965-1980) while formands or formees are more from the Millennials / Nexters Generation (Born 1981-1995) and few from the 21st Century candidates whom are also called Y, W, Z generation.

So, two or three generation gaps in the formation stages altogether. On one hand, the present Formators who are from the Boomers do often give feedback to others, but seldom receive, especially positive feedback while Generation X (Xers) who have grown up with a need for a positive feedback to let them know they are on the right track! The Nexters, on the other hand, may be used to praises or reprimands and may mistake silence for disapproval, they need to know what they are doing right and what they are doing wrong.

This Seminar is geared towards presenting to participants the current formation issues in the contemporary context (21st Century) and, at the same time, offering some related Skills and formative processes for the purpose of a good formation to consecrated life.

Critical current Issues of formation that shall be addressed: i.e.

- Self-awareness / self-discovery and growth
- Formators and their experiences of community living
- Psychosexual Development and emerging issues on sexuality
- Affective Sexuality, Intimacy and Chaste / Celibate Sexuality
- Transference (counter-transference) and of confidentiality.
- Lack of or poor accompaniment skills
- Irrational beliefs around ethnicity & Tribalism
- Difficulties related to Evaluation Reports writing

- The sacred space of “discernment” and of decision making
- Formative spirituality: Spiritual life and Prayer
- Understanding psycho-emotional development (and stress in formation)
- Present realities of violence and Trauma
- Concerns & Challenges in Formation: Mobile phone & Internet Use (Pornography)
- Inter-generational dynamics and multi-cultural interactions
- Dealing with different personalities (Personality disorders).

Thinking about effective interventions, we shall provide skills components related to: i.e.

- Self-awareness with exercises
- Cultural awareness and Intercultural living and International living
- Vocational Discernment: Assessing dispositions / experiences & embracing God’s call
- Learning and applying “assertiveness” and “firmness” in the formation
- Handling Conflict with Non-Violent Compassionate Communication
- Accompaniment with effective listening and interviewing skills
- Ministerial boundaries, power differential and confidentiality
- Best practices of inclusion and reconciliation
- Counselling skills with Acceptance and Commitment Therapy (ACT), Rational & Emotive Behavior Therapy (REBT), Gestalt Therapy, Rogerian Therapy, ...
- Journeying with formees on a daily basis: feedback giving, and sensitivity to group process.

At the same time, while

- Discussions will turn around the Qualities of a Good Formator, some Tips for Formators and Self-development plan, participants will also be engaged in designing their own Self care program and of a Spiritual Formation.
- Opportunities for Formators to reflect on their experiences and plan ways to develop their personal skills shall be offered, activities that include sharing of personal experiences with others and processing some aspects of personal experiences before the group shall also be provided.

All of us “*blessed and broken*” but ultimately “*called and sent*” in the Lord’s vineyard.

Costing:

Cost for fourteen days (14) full accommodation in self-contained rooms:

1. Full accommodation (breakfast, lunch, supper, tea breaks): 2,200/ person / day x 14 days = 30,800Ksh
2. Tuition fees: 5,000Ksh per person (paid once)

Grand Total: 35,800Ksh

You are most Welcome (KARIBU) to Marist International Centre (MIC).

Yours,

Br. Dr. Albert Nzabonaliba (fms)
 Email: nzabonaliba@gmail.com
 Tel (WhatsApp): +254 720 947 037